

Personal Income and Expense Sheet

Monthly Net Income

Employment income - earner #1	_____
Employment income - earner #2	_____
Self-employment income	_____
Taxable investment income	_____
Non-taxable income	_____
Other: _____	_____
Other: _____	_____

Total Monthly Income

Monthly Expenses

Mortgage	_____
Vehicles	_____
Credit cards / short-term debt	_____
Investment	_____
Health insurance	_____
Life insurance	_____
Disability insurance	_____
Umbrella insurance	_____
Auto insurance	_____
Homeowners insurance	_____
Rent, utilities, home maintenance	_____
Transportation	_____
Food	_____
Clothing	_____
Other basic expenses	_____
Discretionary expenses	_____
State and local taxes	_____
Other: _____	_____
Other: _____	_____
Other: _____	_____

Total Monthly Expenses

Discretionary Monthly Cash Flow

(Total Monthly Net Income minus Total Monthly Expenses)

Metropolitan Life Insurance Company, MLIC, New York, NY 10166.
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